

Rape Crisis National Helpline

0808 802 9999

Everyday 12 - 2.30 & 7 - 9.30

Now also open weekdays 3 - 5.30pm

Free. Safe. Confidential.

The Rape Crisis National Helpline is run by
the Rape and Sexual Abuse Support Centre (RASASC)
Charity number: 1085104 Company number: 4113588

Office /Advocacy /Counselling/Outreach: (+44) 208 683 3311

Monday to Friday 10am to 6pm

Helpline: (+44) 808 802 9999

Open every day of the year 12 to 2.30 and 7 to 9.30pm

Weekdays 3pm - 5.30pm

P.O. Box 383
Croydon CR9 2AW
United Kingdom

Advocacy - Counselling - Groups - Outreach - Prevention - Training
www.rasasc.org.uk

One small step on the journey to recovery.....