



GET INVOLVED

Background:

RASASC was set up in 1985 as part of a Women's Aid project. We are an all woman independent organisation based in Croydon providing a high standard of professional support to female survivors of sexual violence. We are a member of Rape Crisis (England and Wales) and adhere to their occupational standards of service delivery and we are a British Association of Counselling and Psychotherapy (BACP) Accredited Counselling Centre. We are also members of, NCVO, VSF CVA, SVA, RAINS, Eating Disorders Association, Self Harm Network, First Person Plural, Women's Resource Centre, London Women's Consortium & Telephone Helplines Association. We won an Investing in Volunteers Award,, Helpline Worker of the Year from THA, a Commendation Award from the Sustainable City Awards in 2010 and Finalist in the Croydon Community Civic Awards 2013. .

Supporting us:

You can donate easily, from your mobile phone, through Just Text Giving by Vodaphone, no matter who your mobile network is. Simply text the number 70070 with SLRC11 followed by an amount you wish to donate (for example, £2/£5/£10). Your donation will be charged on your next phone bill.

You can also donate via our MyDonate page: <https://mydonate.bt.com/charities/rapesexualabusesupportcentre>

We are a registered charity and are a member of Rape Crisis (England and Wales) abiding by their national occupational standards. We run the national Rape Crisis Helpline, and provide specialised counselling, support and independent advocacy for women who have experienced sexual violence both recently and/or in the past. Our helpline also provides information, referrals and short term support to family, friends and partners of survivors.

What being a supporter of Rape Crisis South London means to a survivor:

- **£5 per month** enable us to send out 20 Information packs to survivors, providing accurate and practical advice and information
- **£10 per month** funds 10 helpline sessions providing emotional support to survivors of rape and sexual abuse, and their friends and families.
- **£15 per month** trains one extra helpline volunteer, enabling more workers to be on the helpline and therefore more survivor calls to be answered
- **£20 per month** funds 5 counselling sessions at our exceptional counselling service or 5 appointments with our amazing advocacy team

Fundraising:

We would be delighted if you would like to fundraise for RASASC. You can set up an event via our MyDonate page <https://mydonate.bt.com/charities/rapesexualabusesupportcentre> or if you would like further information please contact admin@rasasc.org.uk.

Volunteers:

Working with Rape Crisis South London is a rewarding, challenging and life changing experience. We are always looking for dedicated women to join our hard-working team. All our positions are for women only. Positions exempt under section 7(2)e Sex Discrimination Act (75), amended in 1986 and 2008 and incorporated in the Equality Act 2010.

We have a range of volunteer opportunities from working in prevention and campaigning, to general office administration. To enquire please contact info@rasasc.org.uk, stating your skills and experience, the amount of hours per week you are able to volunteer and the area you wish to volunteer in. We will get in touch if we have an opportunity for you.

Social Media:

Follow us on Facebook <https://www.facebook.com/rape.and.abuse.support.centre> and Twitter https://twitter.com/RASASC_London

If you would like to find out how to support us further please contact info@rasasc.org.uk or phone 0208 683 3311.